## It Takes a Village to Raise a Meal

| Stage 1 Desired Results   |   |   |  |  |  |
|---|---|---|--|--|--|
| ESTABLISHED GOALS 6   |   | Transfer  |  |  |  |
| MA ST/E Standards   |   | Students will be able to independently use their learning to                |  |  |  |
| HS-ESS3-3: Illustrate relationships among management of natural resources,  |   | Work collaboratively to propose a new plan/layout for the garden that lends |  |  |  |
| the sustainability of human populations, and biodiversity.  |   | towards lessons for a specific elementary grade level, time of year, and    |  |  |  |
| HS-LS2-1: Analyze data sets to support explanations that biotic and abiotic   |   | interdisciplinary unit.   |  |  |  |
| factors affect ecosystem carrying capacity  |   |   |  |  |  |
| HS-LS2-7: Analyze direct and indirect effects of human activities on  |   | Meaning   |  |  |  |
| biodiversity and ecosystem health, specifically habitat fragmentation,  |   | UNDERSTANDINGS &  | ESSENTIAL QUESTIONS                        |  |  |
| introduction of non-native or invasive species, overharvesting, pollution, and  |   | Students will understand that   | What does it take to grow                  |  |  |
| climate change. Evaluate and refine a solution for reducing the impacts of  |   | growing food takes significant planning and                                 | food?                                      |  |  |
| human activities on biodiversity and ecosystem health.  |   | effort  | What specific climate and                  |  |  |
| NGSS HS-LS4-6. Create or revise a simulation to test a solution to mitiga   |   | Humans must change/disturb their  | weather conditions will most               |  |  |
| activity on biodiversity(not included in MA ST/E standards 2016)  |   | surroundings in order to produce food                                       | directly impact the yield of the           |  |  |
| Climate Literacy Framework: GP: Humans can take actions to reduce climate change and its impacts  MA Environmental Education Plan (from Benchmarks on the Way to  |   | Current food pricing schemes do not account                                 | garden?                                    |  |  |
|   |   | for (dismiss as externalities) the  | How can growing food locally               |  |  |
|   |   | ,   | reduce our ecological                      |  |  |
|   |   | disturbance/damage to ecosystems, including                                 | footprint?                                 |  |  |
| Environmental Literacy, SAGEE, 1995): An environmentally literate person  |   | pollution that either washes or floats away                                 | How can we best communicate                |  |  |
| knows and understands   |   |   | the joy of growing food to small children? |  |  |
| The patterns and networks of economic interdependence on the Earth's surface How human actions modify the physical and biological environments How physical and biological systems affect human systems |   | Acquisition   |  |  |  |
|   |   | Students will know K  | Students will be skilled at                |  |  |
|   |   | Small scale gardening can produce a lot of                                  | <type here=""></type>                      |  |  |
|   |   |   | ctype heres                                |  |  |
|   |   | food for a family, with a very low carbon                                   |  |  |  |
|   |   | footprint   |  |  |  |
|   |   | Gardening activities are good whole body                                    |  |  |  |
|   |   | exercise  |  |  |  |
|   |   |   |  |  |  |
|   | C+  | Fuidones  |  |  |  |
| Evaluative Criteria   | Assessment Evidence   | - Evidence  |  |  |  |
| Effort and quality applied to the Chicken   | TRANSFER TASK(S):   |   |  |  |  |
| Salad with Kale recipe assignment   | Write a "recipe" for <i>growing</i> one of the ingredients of a Mediterranean chicken salad wi                      |   | · ·  |  |  |
|   | including cost of items, where in western MA the ingredient is grown, at what times of year, or where it is mainly  |   |  |  |  |
| Thorough and well-justified plan for next   |   |   |  |  |  |
| Jacking plant for flext   | imported from by local chain groceries. Chicken, celery, scallions, carrots, dill, kale, mayonnaise (oil, egg yolk, |   |  |  |  |

| years garden   | vinegar), salt, pepper  |                                  |
|--|---|----------------------------------|
|  | As a class, rewrite the Chicken salad recipe so that it uses only ingredients pro | duced in western MA in September |
| Positive affect An "I got this" attitude towards planting and growing food in the garden | OTHER EVIDENCE: Lead the Kale Happy Dance and Healthy Meal Clapping Game          | QΕ                               |

## Stage 3 – Learning Plan

Summary of Key Learning Events and Instruction

After being introduced to the SRE garden, Life S's will prepare to assist the first grade classes in their garden lesson, Let Them Eat Kale.

## Students will:

- 1. Distinguish weeds from crops/flower plantings
- 2. Identify, with research and the assistance of experts, the dominant weed species
- 3. Produce a laminated guide to the major weeds of the SRE garden
- 4. Learn the basics of tilling and tending a garden/farm
- 5. Weed the kale row
- 6. Identify the muscle groups that are exercised while gardening; crouching, reaching, lunging
- 7. Calculate crop production of the kale row or other kale bed
- 8. contrast the above to human edible food produced by typical ecosystems
- 9. Investigate the nutritional content and limitations of kale
- 10. Discover the major crops and livestock produced in western MA
- 11. Visit a farmer's market (optional)
- 12. Investigate the carbon footprint of kale grown in CA and eaten in MA
- 13. Produce a Kale farmers journal: list diff types of kale growing in the SRE garden, detailed drawings of plant at different stages, quick sketches of weeds growing in competition with the kale plants, as well as color, texture, taste, chew time, and observations of kale chips
- 14. Brainstorm, then write the script for use during the Kale lesson
- 15. Guide a small group of first graders as they explore in the Let Them Eat Kale lesson, facilitate the entries into their kale farmers journal, teach them to identify the kale plants and distinguish them from the weeds, teach them to weed around the kale plants, discuss growing food in a garden, tout the virtues of kale as a healthy food, water the kale, help them wash their hands, and join in a Kale snack and an Our-Garden-Grows-Food Happy Dance

Clapping game: "I am standing in the garden, I want my kale with some ... (other healthy or fun food)"